



Lyfe Path

Report Prepared For

Kawaljeet kaur

Career Report for 8th, 9th or 10th

Powered By:



edumilestones

PREFACE

Dear Kawaljeet kaur ,

We, on behalf of Lyfe Path, congratulate you on availing the Career Planning Assessment.

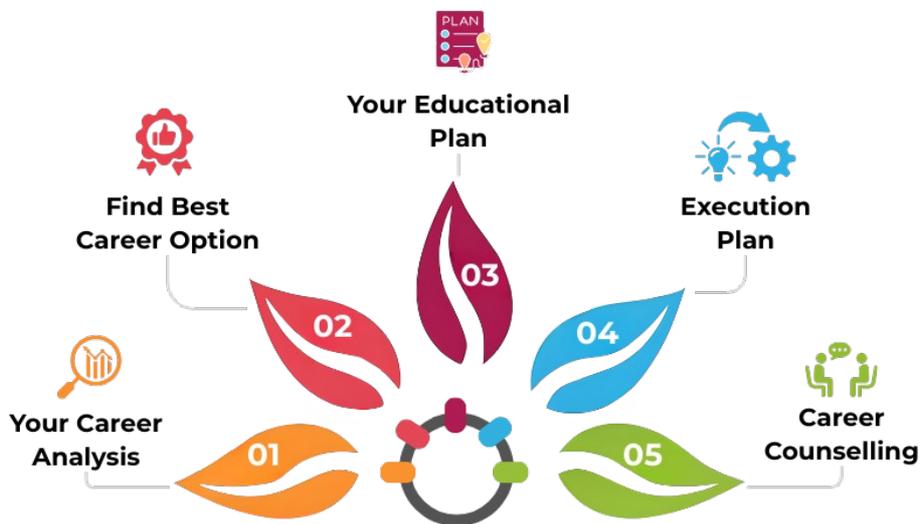
We understand your career worries. Lyfe Path caters to your unique needs by providing complete career planning - helping you get more out of life and ensuring a better tomorrow. Our researchers are committed to offering solutions aligned with our vision of delivering the best career and education planning services to those who need it most.

Our customized planning gives direction and meaning to your education and career decisions. By analyzing your career goals, interests, feasibility, and current status, we create a strategy to help you achieve your aspirations.

In this journey, we look forward to your support and feedback.

Thanking you,

Team Lyfe Path



YOUR PROFILING

Personal profiling is the first step in career planning. The purpose of profiling is to understand your current career planning stage. It will help decide your career objective and roadmap. The ultimate aim of the planning is to take you from the current stage of career planning to the optimized stage of career planning. Personal profiling includes information about your current stage, the risk involved and action plan for your career development.

Current Stage of Planning



Exploring

Exploring: You are at the Exploring stage in career planning. We understand that you have a fair idea of your suitable career. At this stage, you have a better understanding of career options. However, you are looking for more information to understand the complete career path for yourself and an execution plan to achieve it. Lack of complete information and execution plan can adversely impact your career. Most career decisions are based on limited information

Risk Involved: Career misalignment, career path misjudgment, wrong career path projections, unnecessary stress

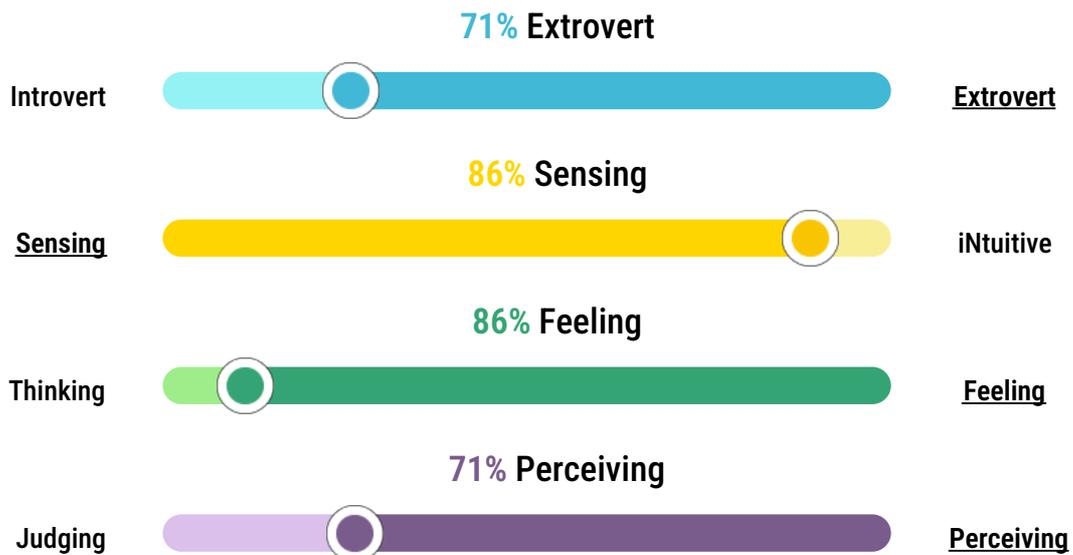
Action Plan : Explore career path > Align your abilities and interests with the best possible career path > Realistic Execution Plan > Timely Review of Action Plan



RESULT OF THE CAREER PERSONALITY

Personality Assessment will help you understand yourself as a person. It will help you expand your career options in alignment with your personality. Self-understanding and awareness can lead you to more appropriate and rewarding career choices. The Personality Type Model identifies four dimensions of personality. Each dimension will give you a clear description of your personality. The combination of your most dominant preferences is used to create your individual personality type. Four dimensions of your personality are mentioned in this chart. The graph below provides information about the personality type you belong to, based on the scoring of your responses. Each of the four preferences are based on your answers and are indicated by a bar chart.

YOUR PERSONALITY TYPE - EXTROVERT:SENSING:FEELING:PERCEIVING



YOUR CAREER PERSONALITY ANALYSIS

Where do you prefer to focus your energy and attention?

E

Extrovert

- You are quite talkative, energized and like to spend lots of time with others.
- Your primary mode of living is focused externally.
- You can easily be distracted.
- You are a bit aggressive.
- You quickly adapt to a given situation.
- You are sometimes described as an attention-seeker.

How do you grasp and process the information?

S

Sensing

- You mostly collect and trust the information that is presented in a detailed and sequential manner.
- You think more about the present and learn from the past.
- You like to see the practical use of things and learn best from practice.
- You notice facts and remember details that are important to you.
- You solve problems by working through facts until you understand the problem.
- You create meaning from conscious thought and learn by observation.

How do you make decisions?

F

Feeling

- You seem to make decisions based on your values or the feelings of others involved.
- You seem to be ruled by your heart instead of your head.
- In your relationships, you appear caring, warm, and tactful.
- You look for what is important to others and express concern for others.
- You tend to judge situations and others based on feelings and circumstances.
- You seek to please others and want to be appreciated.

YOUR CAREER PERSONALITY ANALYSIS

How do you prefer to plan your work ?

P

Perceiving

- You seem to prefer a flexible and spontaneous way of life.
- You prefer to adapt to the world rather than organizing it.
- You like staying open to new experiences and information.
- You like to approach work as play or mix of work and play.
- You appear to be casual and like to keep plans to a minimum.
- You are a random thinker who prefers to keep his/her options open.
- You are spontaneous and often juggle several tasks at once.

Your strengths

S

Strength

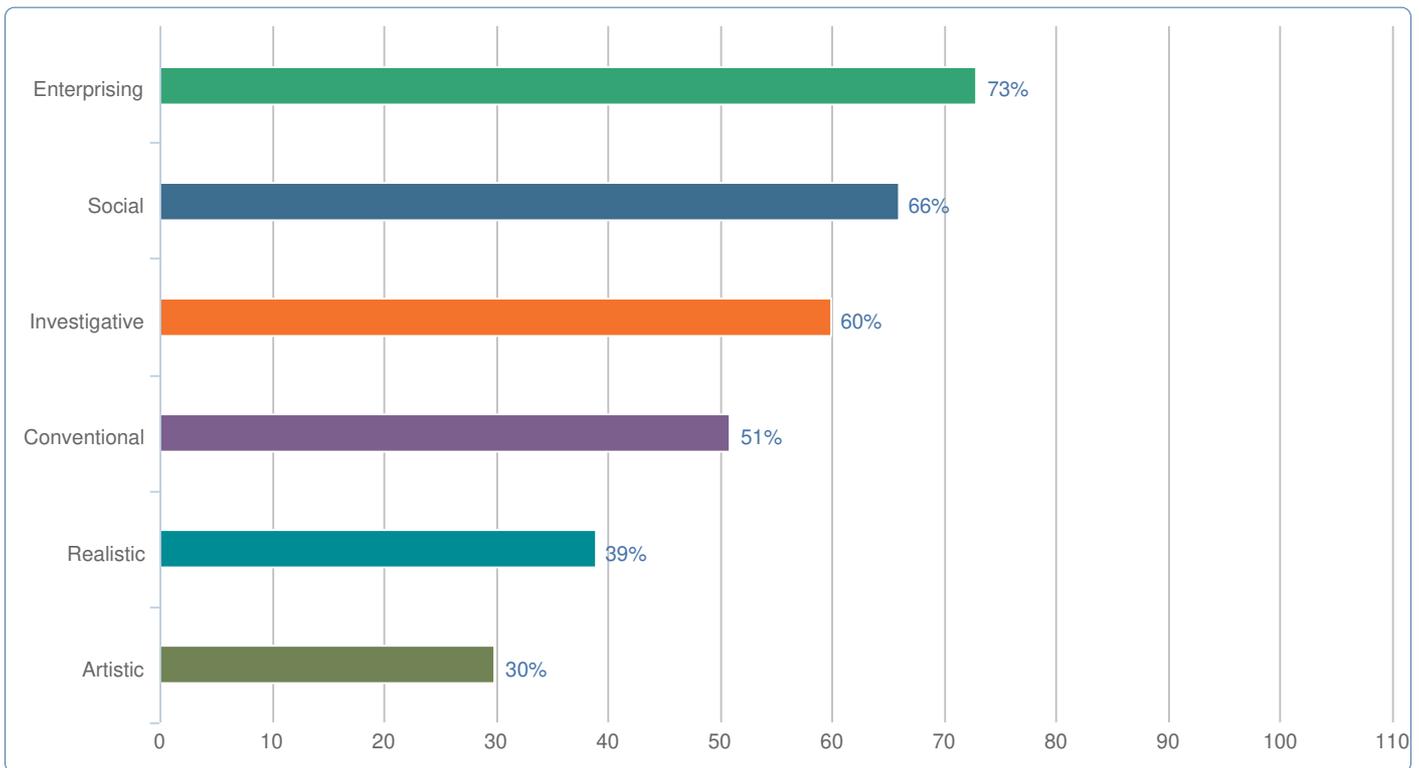
- Practical
- Observant
- Excellent people skills
- Original
- Aesthetic and showmanship



YOUR CAREER INTEREST TYPES

The Career Interest Assessment will help you understand which careers might be the best fit for you. It is meant to help you find careers that you might enjoy. Understanding your Top career interest will help you identify a career focus and begin your career planning and career exploration process.

The Career Interest Assessment (CIA) measures six broad interest patterns that can be used to describe your career interest. Most people's interests are reflected by two or three themes, combined to form a cluster of interests. This career interest is directly linked to your occupational interest.



YOUR CAREER INTEREST ANALYSIS

E

Enterprising-HIGH

- You are energetic, ambitious, adventurous, and confident.
- You are skilled in leadership and speaking.
- You generally enjoy starting your own business, promoting ideas and managing people.
- You are effective at public speaking and are generally social.
- You like activities that require to persuade others and leadership roles.
- You like the promotion of products, ideas, or services.

S

Social Service-HIGH

- You are humanistic, idealistic, responsible and concerned with the welfare of others.
- You enjoy participating in social activities and helping, training or counselling others.
- You communicate in a warm, cheerful and tactful manner and can be persuasive.
- You like to solve problems through discussions and utilize interpersonal skills.
- You are cooperative, friendly, generous, helpful and idealistic.
- You like to work with people.

I

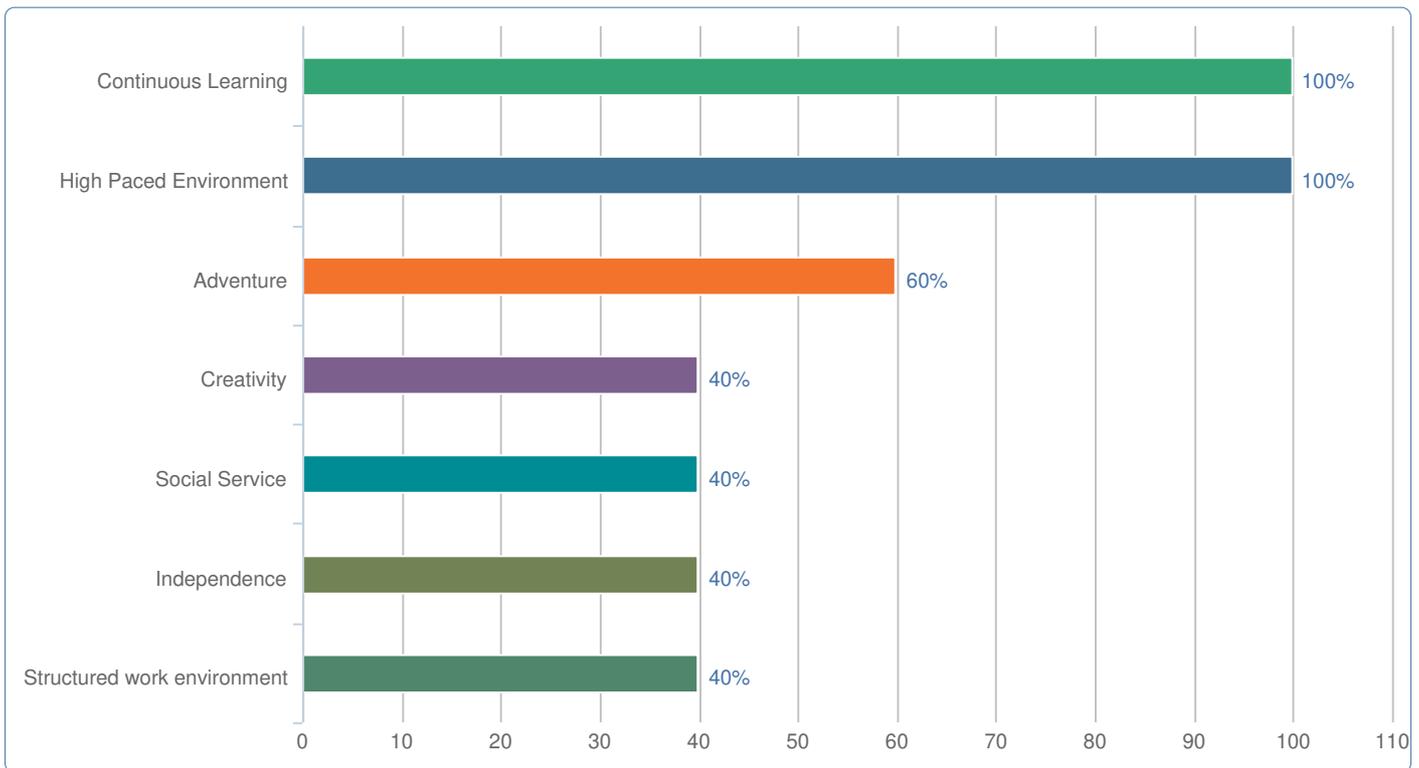
Investigative

- You are analytical, intellectual and observant and enjoy research.
- You enjoy using logic and solving complex problems.
- You are interested in occupations that require observation, learning and investigation.
- You are introspective and focused on creative problem solving.
- You prefer working with ideas and using technology.



YOUR CAREER MOTIVATOR TYPES

Values are the things that are most important to us in our lives and careers. Our values are formed in a variety of ways through our life experiences, our feelings and our families. In the context of Career Planning, values generally refer to the things we value in a career. Being aware of what we value in our lives is important because a career choice that is in-line with our core beliefs and values is more likely to be a lasting and positive choice



YOUR CAREER MOTIVATOR ANALYSIS

H

High Paced
Environment-HIGH

- You like to work in a highly competitive work environment.
- You prefer a high degree of challenge and excitement in your work.
- You like a fast-paced work environment.

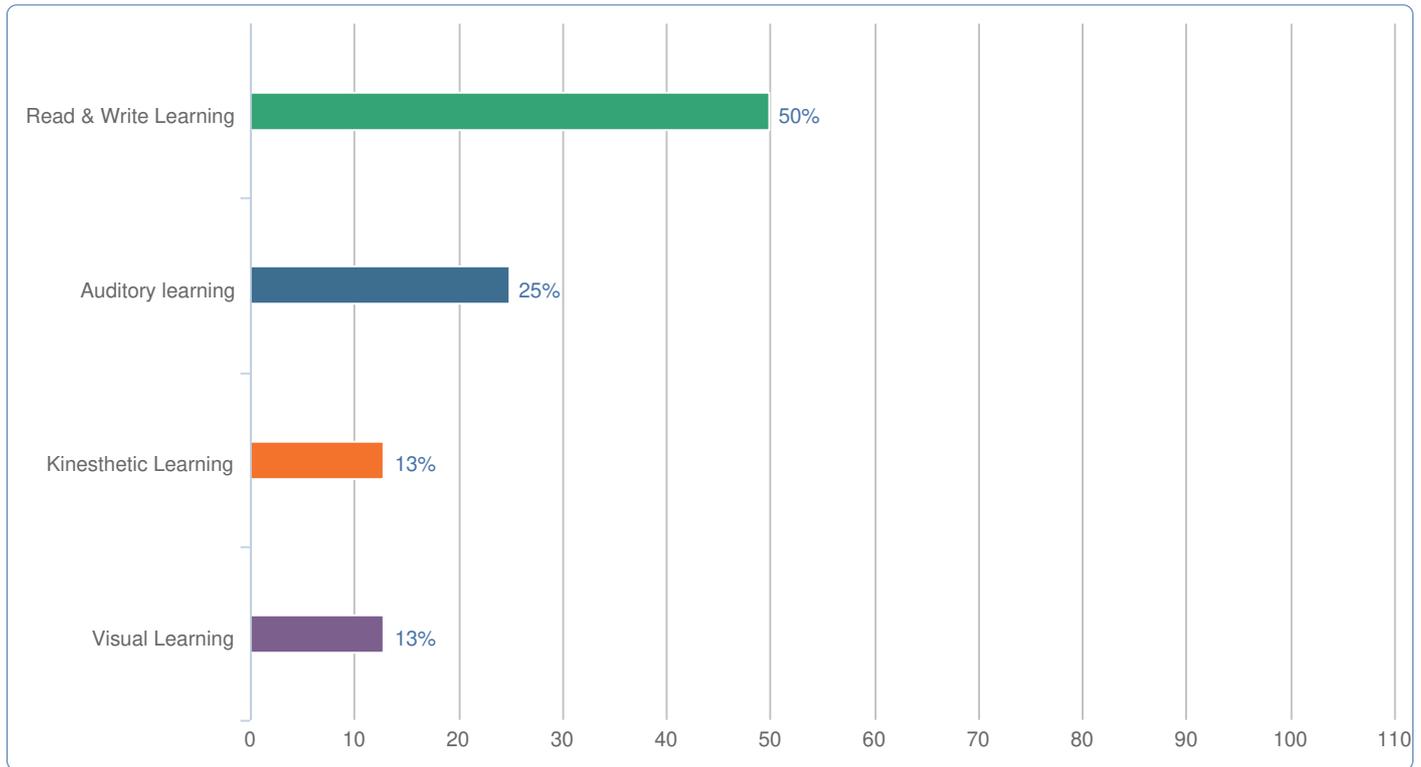
C

Continuous Learning-
HIGH

- You like to have consistent professional growth in your field of work.
- You like to work in an environment where there is need to update your knowledge at regular intervals.
- You like it when your work achievements are evaluated at regular intervals.



YOUR LEARNING STYLE TYPES



YOUR LEARNING STYLE ANALYSIS

Read/Write learning style

- Reading and writing learners prefer to take in the information displayed as words.
- These learners strongly prefer primarily text-based learning materials.
- Emphasis is based on text-based input and output, i.e. reading and writing in all its forms.
- People who prefer this modality love to work using PowerPoint, internet, lists, dictionaries and words.

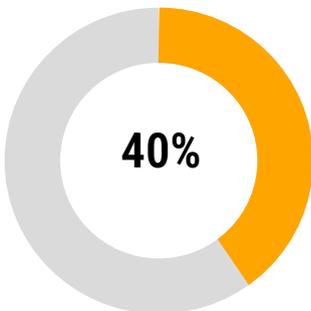
Learning improvement strategies

- Re-write your notes after class.
- Use coloured pens and highlighters to focus on key ideas.
- Write notes to yourself in the margins.
- Write out key concepts and ideas.
- Compose short explanations for diagrams, charts and graphs.
- Write out instructions for each step of a procedure or math problem.
- Print out your notes for later review.
- Post note cards/post-its in visible places. (when doing dishes, on the bottom of the remote etc).
- Vocabulary mnemonics.
- Organize your notes/key concepts into a powerpoint presentation.
- Compare your notes with others.
- Repetitive writing.
- Hangman game.

YOUR SKILLS AND ABILITIES

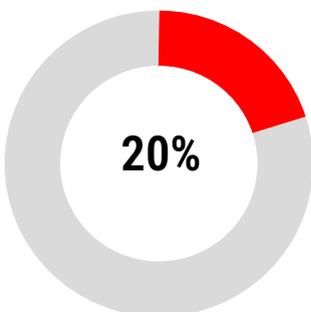
The skills & abilities scores will help us to explore and identify different ways to reshape your career direction. This simple graph shows how you have scored on each of these skills and abilities. The graph on the top will show the average score of your overall skills and abilities.

Overall Skills and Abilities



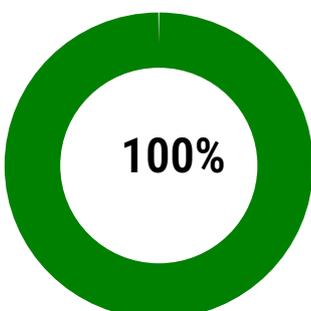
NUMERICAL ABILITY

- Your numerical skills are fair.
- Numeracy involves an understanding of numerical data and numbers.
- Being competent and confident while working with numbers is a skill, that holds an advantage in a wide range of career options.



LOGICAL ABILITY

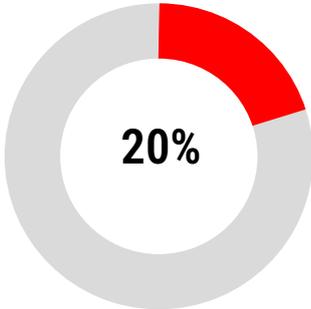
- Your Logical skills needs improvement.
- Logical thinking is very important for analytical profiles.
- Being able to understand and analyze data in different formats is considered an essential skill in many career options.



VERBAL ABILITY

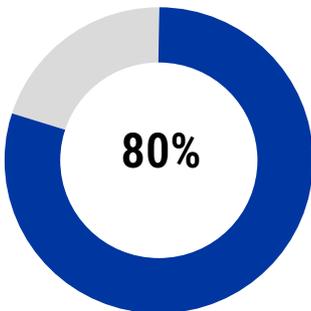
- Your communication skills are excellent.
- Excellent verbal and written communication helps you to communicate your message effectively.

YOUR SKILLS AND ABILITIES



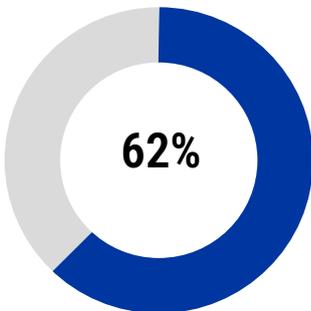
ADMINISTRATIVE AND ORGANIZING SKILLS

- Your organizing & planning skills need improvement.
- It includes general organizing, planning, time management, scheduling, coordinating resources and meeting deadlines.



SPATIAL & VISUALIZATION ABILITY

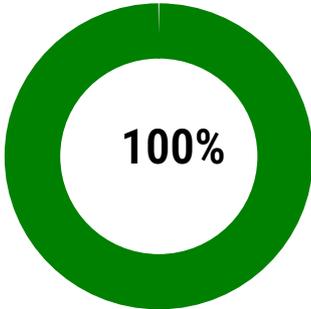
- Your visualization skills are good.
- This skill allows you to explore, analyze, and create visual solutions.
- It is important in many academic and professional career fields.



LEADERSHIP & DECISION MAKING SKILLS

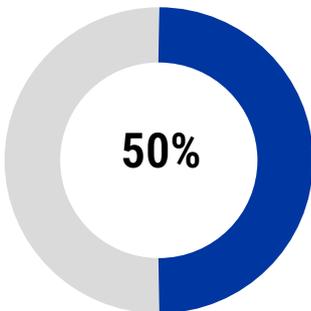
- Your leadership & decision-making skills are good.
- It includes strategic thinking, planning, people management, change management, communication, persuasion and influencing.
- These skills allow you to make decisions quickly, adapt to changing scenarios and respond to opportunities promptly.

YOUR SKILLS AND ABILITIES



SOCIAL & CO-OPERATION SKILLS

- Your social and cooperation skills are excellent.
- Social skills are important because they help you build, maintain and grow relationships with others.
- This skill is beneficial in the service industry and social causes.



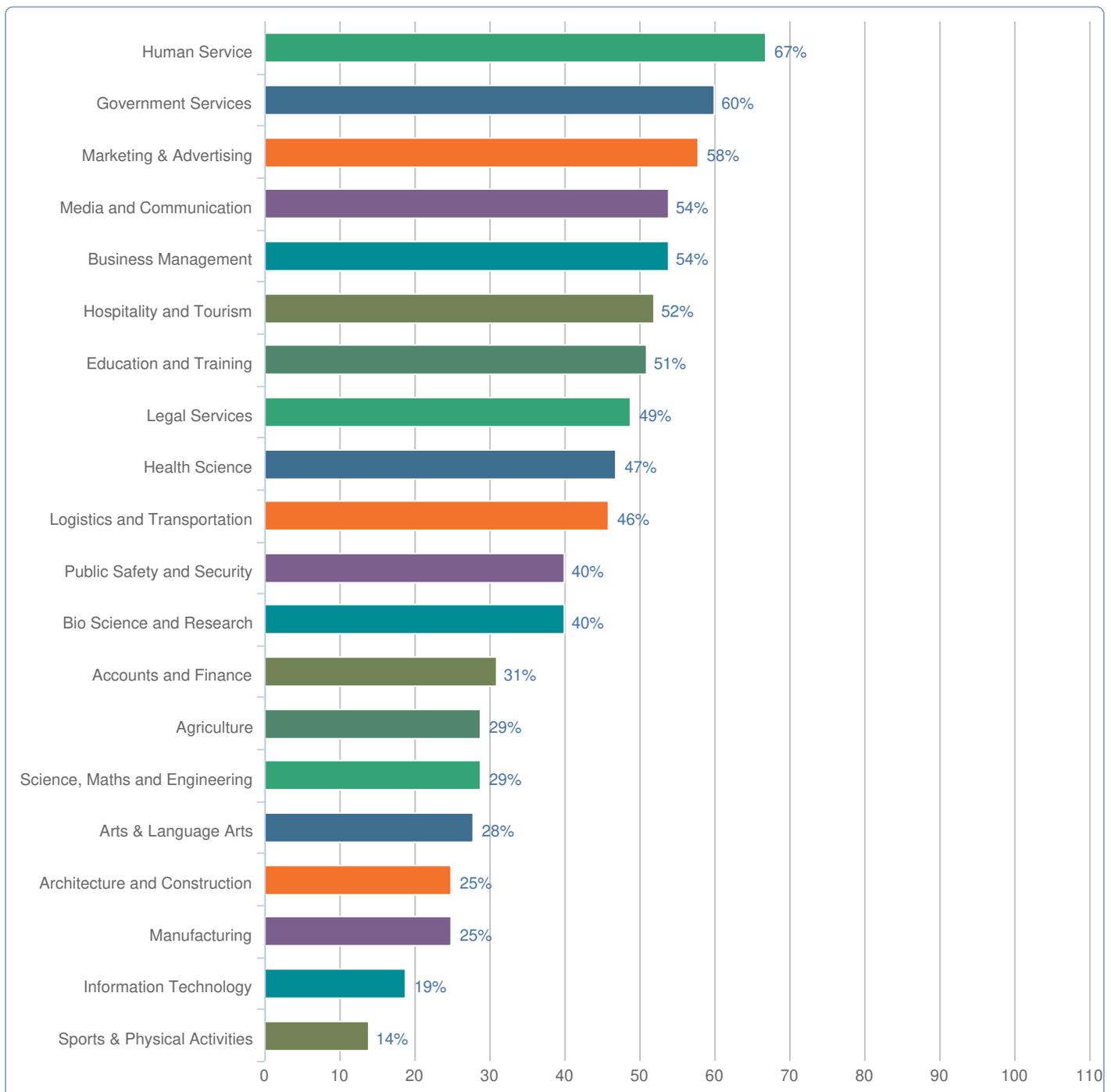
MECHANICAL ABILITIES

- The score indicates that your mechanical ability is average.
- This section evaluates your basic mechanical understanding and mechanical knowledge.
- This skill is required for many career options like engineering and mechanical services.



YOUR CAREER CLUSTERS

Career Clusters are groups of similar occupations and industries that require similar skills. It provides a career road map for pursuing further education and career opportunities. They help you connect your Education with your Career Planning. Career Cluster helps you narrow down your occupation choices based on your assessment responses. Results show which Career Clusters would be best to explore. A simple graph report shows how you have scored on each of the Career Clusters.



YOUR SELECTED 4 CAREER CLUSTERS

1

HUMAN SERVICE

- Human services professionals help individual and families meet their personal needs.
- You might work in a government office, hospital, nonprofit agency or independent counselor.
- You will be involved in social support and social activities.

2

GOVERNMENT SERVICES

- Government and public administration workers help pass and enforce the law.
- You could work in national, state, or local government.
- You will find almost every type of occupation within the government, including some jobs that are only found within government.
- You might inspect new or remodelled buildings for safety, help people file the paperwork for a license, or create proposals for urban development.

3

MARKETING & ADVERTISING

- Marketing professionals are involved in planning, managing, and performing marketing activities to reach organizational objectives.
- Marketing professionals help businesses promote products.
- You might advertise and promote products so customers want to buy them.
- You might develop a marketing plan for a small start-up company.

YOUR SELECTED 4 CAREER CLUSTERS

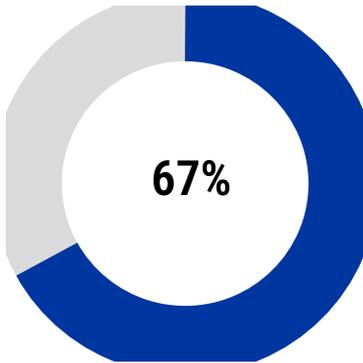
4

MEDIA AND COMMUNICATION

- Media studies graduates typically enter careers in the media, cultural and creative industries.
- Areas of work include television and radio, film and video, digital media, computer games, journalism, writing and publishing, PR and media practice.
- Journalism is a part of Mass Communication but Mass Communication isn't a part of Journalism.
- Provide information of current happenings in the society.

TOP SUBJECTS RECOMMENDATIONS FOR YOU

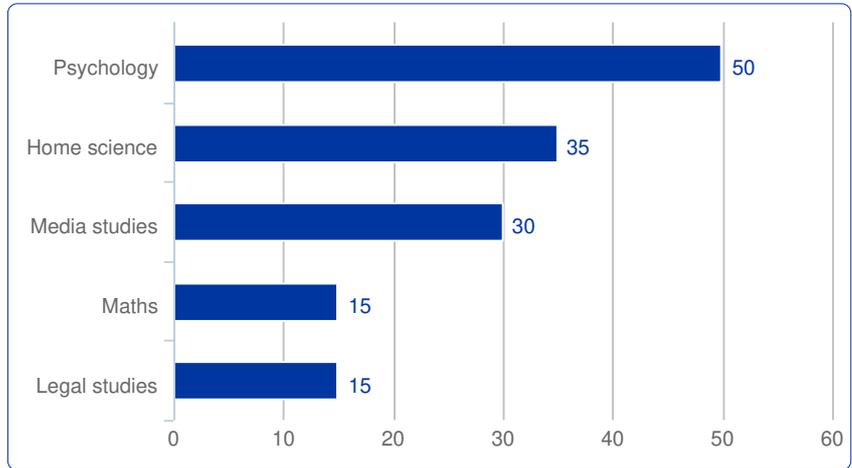
1.



Humanities

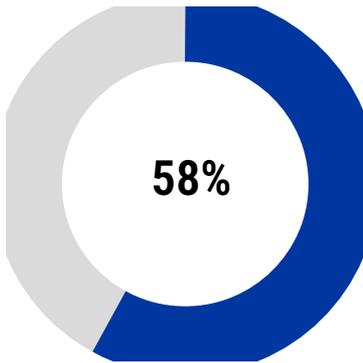
Language Arts
History

> **Mandatory Subjects**



Optional Subjects

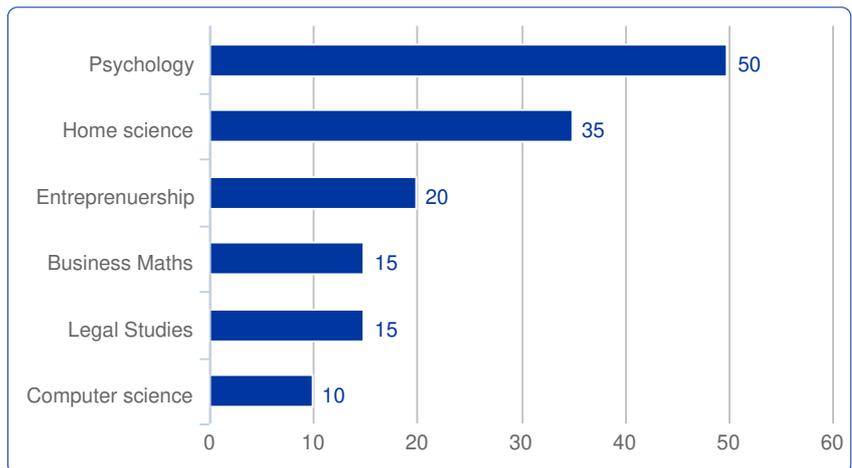
2.



Commerce

Accountancy
Economics
Business Studies

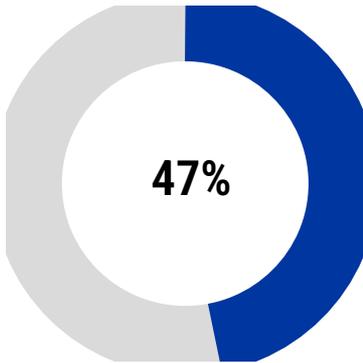
> **Mandatory Subjects**



Optional Subjects

TOP SUBJECTS RECOMMENDATIONS FOR YOU

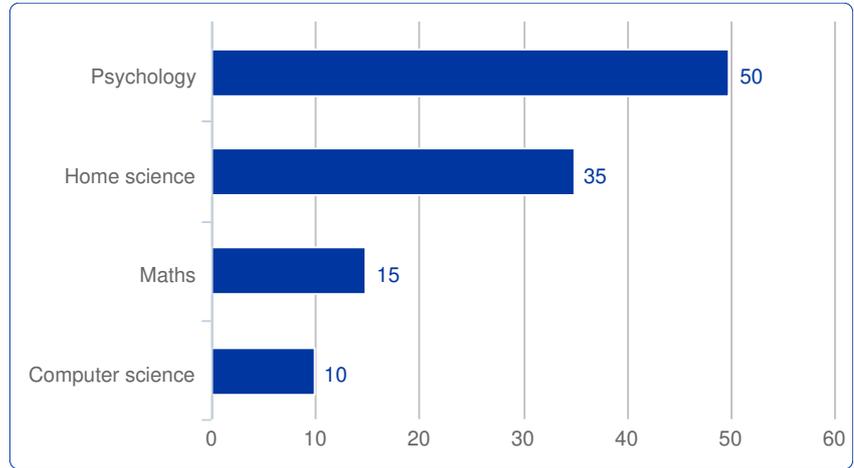
3.



Science-Bio

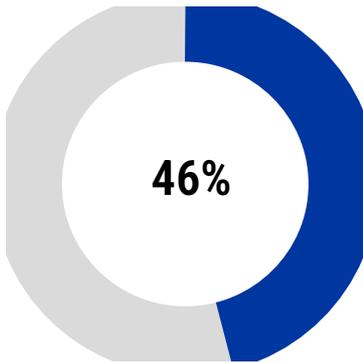
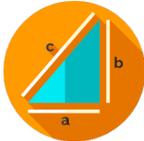
Biology
Physics
Chemistry

> Mandatory Subjects



Optional Subjects

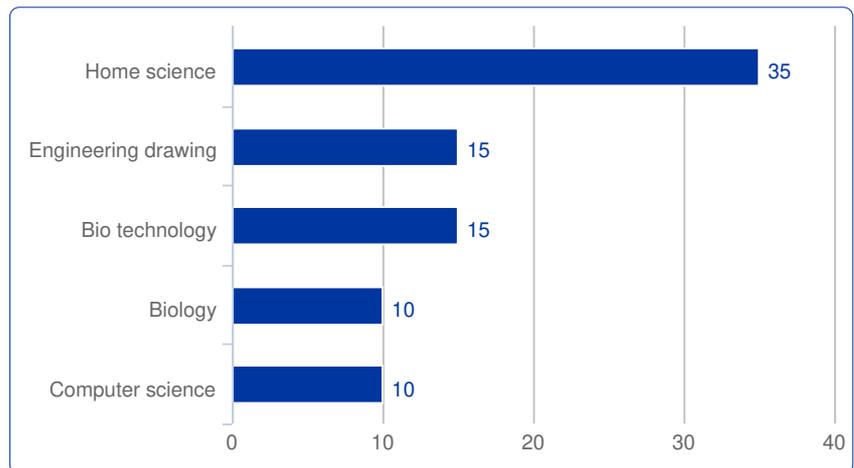
4.



Science-Maths

Maths
Physics
Chemistry

> Mandatory Subjects



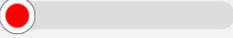
Optional Subjects



YOUR CAREER PATHS

Career Cluster 1: Human Service				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Counselling Psychology Career Counsellor, Behavioural Counsellor, Relationship Counsellor	Very High:79 	Very High:100 	Top Choice
2	Political Science Politician, Political Analyst, Civil Servant, Teacher	Very High:76 	Very High:87 	Top Choice
3	Mentor And Coach Mentor, Guide	High:75 	Very High:100 	Good Choice
4	Sociology Social Worker, Human Rights Worker, N.G.O Volunteer	High:67 	Very High:100 	Good Choice
5	Clinical Psychology Depression Counselling, Anxiety	Average:55 	High:60 	Optional
6	Home Science Healthcare Industry, Teaching And Research	Average:50 	Very High:93 	Optional
7	Anthropology And Archaeology Applied Anthropologist, Applied Archaeologist	Very Low:18 	High:60 	Avoid

YOUR CAREER PATHS

Career Cluster 1: Human Service				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
8	Archeologists Archaeologist, Historian, Geology, Anthropology,	Very Low:18 	High:67 	Avoid
9	Geography Cartographer, GIS Expert	Very Low:8 	Very High:93 	Avoid

Career Cluster 2: Government Services				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Civil Administrative Services IAS Officer, IFS Officer Other Administrative Services	High:73 	High:60 	Good Choice
2	Staff Selection Commission (SSC) Income Tax Officer , Audit Officer	High:73 	High:60 	Good Choice
3	Government Economic Services (IES) Ministry Of Finance, Niti Ayog	Low:38 	Average:48 	Avoid

Career Cluster 3: Marketing & Advertising				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Professional Sales Sales Executive, Sales Head, BDM	High:71 	Very High:81 	Good Choice
2	Marketing Marketing Manager, Product Marketing	Average:57 	Very High:87 	Optional

YOUR CAREER PATHS

Career Cluster 3: Marketing & Advertising

	Career Paths	Psy. Analysis	Skill and Abilities	Comment
3	Entrepreneurship & Management Entrepreneur, Business Head	Average:56 	Very High:81 	Optional
4	Digital Marketing Digital Marketing Specialist, SEO Specialist	Average:48 	High:66 	Optional
5	Advertising And Communication Advertising Managers, Brand Managers	Average:47 	Very High:86 	Optional
6	Visual Merchandiser Fashion Communication, In-Store Marketing Associate	Low:25 	High:75 	Avoid

Career Cluster 4: Media And Communication

	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Public Relations & Corporate Communication Public Relations Specialist, Corporate Communication	High:75 	Very High:87 	Good Choice
2	Mass Communication Journalist, Radio Jockey, Media Anchor	Average:50 	Very High:81 	Optional
3	International Relationships Political Advisor, IR Expert	Average:45 	Very High:87 	Optional



YOUR CAREER PATHS

Career Cluster 4: Media And Communication

	Career Paths	Psy. Analysis	Skill and Abilities	Comment
4	Journalism Editor, News Writer	Low:39 	Very High:100 	Avoid

YOUR CAREER PATHS

Career Cluster: Other Recommendations				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Image consultants Personality trainer, Soft skills trainer, Fashion stylist	Very High:88 	Very High:90 	Top Choice
2	Corporate Trainer Corporate Trainer, Coach, Motivator	Very High:79 	Very High:100 	Top Choice
3	Human Resources HR Manager, Recruiter, Trainer	High:71 	Very High:87 	Good Choice
4	Public health administration Public health advisor, Program coordinator, Policy Analyst	High:70 	Average:48 	Good Choice
5	School Teaching School Teacher, Primary Teacher	High:67 	Very High:100 	Good Choice
6	Dietician Dietitian, Nutrition Expert	High:65 	High:69 	Good Choice



YOUR FAVOURITE CAREER PATH : COUNSELLING PSYCHOLOGY

Career Cluster : Human Service				
	Career Paths	Psy. Analysis	Skill and Abilities	Comment
1	Counselling Psychology Career Counsellor, Behavioural Counsellor, relationship Counsellor	Very High:79% 	Very High:100% 	Top Choice

Scenarios

- 1. Top Choice** - You have the highest degree of interest and skills to pursue this career path. You will excel in the fields mapped to this career path.
- 2. Good Choice** - This Career path will be a good match for you as your interest and skills & abilities are correctly aligned.
- 3. Optional** - You have adequate interest level and skills & abilities to pursue this career path. However, this can be pursued if you are not pursuing your top choice or good choice.
- 4. Develop** - Developing the skills and abilities required for this career path can increase your probability of success in this career path.
- 5. Explore** - Explore options where you have higher interest and skills and abilities than this career path.
- 6. Avoid** - You either have very less skills & abilities or very less interest in this career path. In both cases, it is suggested to avoid this career path.

CAREER ANALYSIS - POSITIVE (+)

- You seem to make decisions based on your values or the feelings of others involved.
 - You seem to be ruled by your heart instead of your head. In your relationships, you appear caring, warm, and tactful.
 - You look for what is important to others and express concern for others.
 - You tend to judge situations and others based on feelings and circumstances.
-
- You enjoy participating in social activities, helping, training or counselling others.
 - You like to work with people.
 - You like to solve problems through discussions and utilize interpersonal skills.
 - You like activities that require to persuade others and leadership roles.
 - You generally enjoy starting your own business, promoting ideas and managing people.
 - You interest to involve in analytical, intellectual and logical related activities are high.
 - You enjoy using logic and solving complex problems.
 - You are interested in occupations that require observation, learning and investigation.
-
- Your Career motivators are Adventure, Continuous Learning, High Paced Environment

GAP ANALYSIS - NEGATIVE (-)

- Your interest to involve in leadership roles, persuade and convince others are lesser than required. You need to develop your people managing skills.
- Your interest in intellectual, logical and investigative activities are lesser than required. This profile requires higher interest in investigative occupation.
- Your interest to involve in creative activities are lesser than required. You need to work on building your creative or artistic profile.



YOUR SKILL AND ABILITIES STRENGTH

- Your Verbal Ability are Good
- Your Social & Co-operation Skills are Good

WORK NATURE : COUNSELLING PSYCHOLOGY

- Assess and evaluate individuals' problems through the use of case history, interview, and observation.
- Engaging in discussion with patients and making them feel comfortable.
- Provide individual or group counselling services to assist individuals in achieving more effective personal, social, educational, and vocational development and adjustment.
- Collect information about individuals or clients, using interviews, case histories, observational techniques, and other assessment methods.
- Documents patient information. It includes session notes, progress notes, recommendations, and treatment plans.
- Counsel individuals, groups, or families to help them understand problems, deal with crises, define goals, and develop realistic action plans.
- Advise clients on how counselling can help them.
- Analyze data, such as interview notes, test results, or reference manuals, to identify symptoms or to diagnose the nature of clients' problems.
- Evaluate the results of counselling methods to determine the reliability and validity of treatments.
- Refer clients to specialists or other institutions for counselling treatment of problems.
- Provide consulting services, including educational programs, outreach programs, or prevention talks to schools, social service agencies, businesses, or the general public.
- Select, administer, and interpret psychological tests to assess intelligence, aptitudes, abilities, or interests.



YOUR EDUCATION ROAD MAP : COUNSELLING PSYCHOLOGY

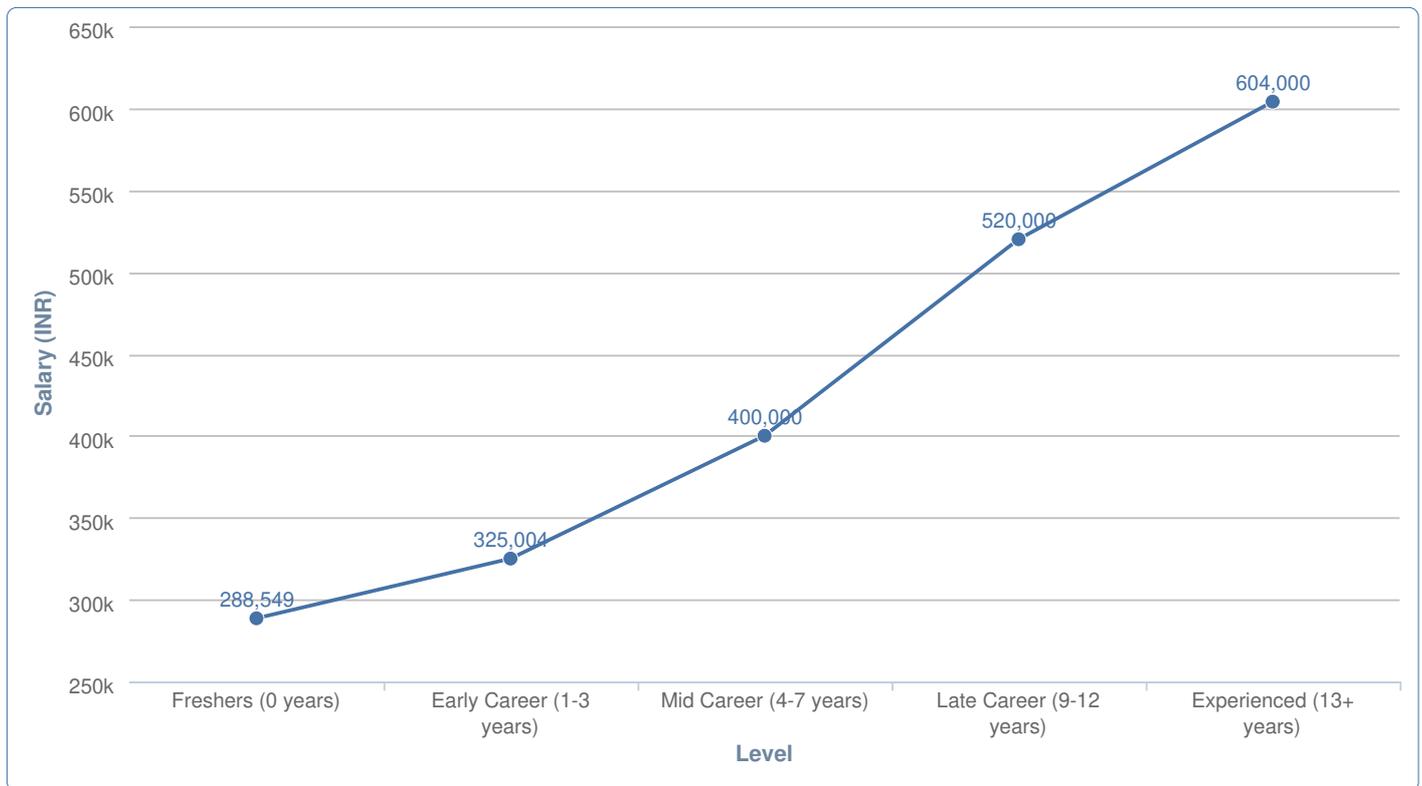
The Education road map will give you a clear idea of subjects that you should choose at a different level of your career path. You can choose any one of these courses to succeed in your career.

Educational Road Map			
Stages	Subjects	Education Subjects	Occupations
Middle Education	10th Subjects	<ul style="list-style-type: none"> Arts Any Stream 	<ul style="list-style-type: none"> Counselor Career Counselor Psychologist Educational Psychologist Adolescent Psychologist Child Psychologist
	12th Subjects	<ul style="list-style-type: none"> Arts Any Stream 	
Higher Education /Career Courses	Courses Graduation	<ul style="list-style-type: none"> B.Sc Psychology B.A applied psychology B.A Counseling psychology 	

YOUR EDUCATION ROAD MAP CONT. : COUNSELLING PSYCHOLOGY

Educational Road Map			
	Courses Post Graduation	<ul style="list-style-type: none"> • M.Sc in Educational Psychology • M.Sc -counseling • M.A - Psychology • M.A Applied Psychology • M.phil child and Adolescent Psychology 	<ul style="list-style-type: none"> • Counselor • Career Counselor • Psychologist • Educational Psychologist • Adolescent Psychologist • Child Psychologist
Career Development/Career Change	Career Advancement	<ul style="list-style-type: none"> • Post graduation diploma in Counseling Psychology • Behavioural Health and Counseling Certificate • Advanced Certificate in Child Psychology • Postgraduate diploma in sports psychology • Certified Career Counselor • Marriage Counseling Certificate • Certificate in emotional Counselling 	

COUNSELLING PSYCHOLOGY SALARY IN 2025



Level	Salary	Currency
Freshers (0 years)	▲ 288,549	INR
Early Career (1-3 years)	▲ 325,004	INR
Mid Career (4-7 years)	▲ 400,000	INR
Late Career (9-12 years)	▲ 520,000	INR
Experienced (13+ years)	▲ 604,000	INR



SKILLS THAT AFFECT COUNSELLING PSYCHOLOGY

Emotional Intelligence

active listening, self-awareness, empathy, nonverbal communication, rapport building

▲ 18%

Digital Literacy

teletherapy platforms, digital diagnostic tools, data privacy, telehealth ethics, online engagement

▲ 14%

Trauma-Informed Care

trauma assessment, crisis intervention, PTSD treatment, client safety planning, resilience building

▲ 13%

Addiction Counseling

substance abuse evaluation, relapse prevention, motivational interviewing, group therapy, behavioral modification

▲ 12%

Psychological Assessment

diagnostic interviews, personality testing, cognitive assessments, report writing, treatment plan development

▲ 11%

Cultural Competence

multicultural awareness, cross-cultural communication, bias recognition, inclusive practice, diversity training

▲ 10%

Ethical Decision Making

confidentiality adherence, professional boundaries, legal compliance, ethical frameworks, client autonomy

▲ 9%

Group Therapy Facilitation

group dynamics management, therapeutic leadership, conflict resolution, process observation, feedback delivery

▲ 8%

Behavioral Interventions

behavioral analysis, modification techniques, motivational strategies, habit reversal, reinforcement methods

▲ 8%

Career Counseling

career assessment, pathway mapping, job market knowledge, skill gap analysis, goal setting

▲ 7%

Mindfulness and Stress Reduction

mindfulness techniques, stress management, relaxation training, cognitive reframing, self-regulation

▲ 7%

Client Resilience Building

coping skills training, self-efficacy enhancement, positive psychology, emotional regulation, strengths identification

▲ 6%

Developmental Psychology Knowledge

lifespan development, age-specific interventions, family systems understanding, educational needs analysis, behavioral milestones

▲ 6%

Psychotherapeutic Techniques

CBT, DBT, motivational interviewing, solution-focused therapy, narrative therapy

▲ 5%

Research and Data Analysis

outcome measurement, data interpretation, program evaluation, evidence-based practice, statistical literacy

▲ 5%



OUR CAREER ASSESSMENT IS BASED ON THE CONCEPT OF CORRELATION THEORY AND VARIOUS PSYCHOMETRIC AND STATISTICAL MODELS.

Career Personality	Sensing + Feeling + Extrovert + Perceiving
Career Interest	Enterprising + Social
Career Motivator	Continuous Learning + High Paced Environment
Learning Style	Read & Write Learning
Skills & Abilities	<p>Numerical Ability[40%] +Logical Ability[20%] +Verbal Ability[100%]</p> <p>Administrative and Organizing Skills[20%] +Spatial & Visualization Ability[80%] +Leadership & Decision making skills[62%]</p> <p>Social & Co-operation Skills[100%] +Mechanical Abilities[50%] +</p>
Selected Clusters	Marketing & Advertising+Human Service+Government Services +Media and Communication
Favourite Career Path	Counselling Psychology